

# 21 Female Athletes Who Changed Sports

Throughout history, women have faced countless barriers and challenges in the world of sports. But despite the obstacles, many determined and talented female athletes have persevered, breaking down barriers and paving the way for future generations.



## Not Playing by the Rules: 21 Female Athletes Who Changed Sports by Lesa Cline-Ransome

★ ★ ★ ★ ☆ 4.7 out of 5

Language : English  
File size : 44630 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 48 pages



In *21 Female Athletes Who Changed Sports*, author and sports historian Janet Woolum tells the stories of 21 trailblazing women who made significant contributions to the world of sports. These athletes come from a variety of backgrounds and sports, but they all share a common thread: they were all pioneers who helped to change the face of sports for women.

Woolum's book is a celebration of these remarkable athletes and their achievements. It is also a reminder of the progress that has been made in women's sports, and the challenges that still remain.

## **The 21 Female Athletes Featured in the Book**

1. Babe Didrikson Zaharias (track and field, basketball, golf)
2. Wilma Rudolph (track and field)
3. Althea Gibson (tennis)
4. Billie Jean King (tennis)
5. Jackie Joyner-Kersey (track and field)
6. Florence Griffith Joyner (track and field)
7. Martina Navratilova (tennis)
8. Steffi Graf (tennis)
9. Serena Williams (tennis)
10. Venus Williams (tennis)
11. Mia Hamm (soccer)
12. Michelle Akers (soccer)
13. Abby Wambach (soccer)
14. Lisa Leslie (basketball)
15. Maya Moore (basketball)
16. Candace Parker (basketball)
17. Simone Biles (gymnastics)
18. Katie Ledecky (swimming)
19. Megan Rapinoe (soccer)
20. Naomi Osaka (tennis)

## **The Impact of These Athletes**

The 21 female athletes featured in *21 Female Athletes Who Changed Sports* have had a profound impact on the world of sports. They have broken down barriers, shattered records, and inspired countless young athletes to pursue their dreams.

These athletes have also played a significant role in changing the way that women are viewed in sports. They have shown that women are just as capable as men of achieving great things in sports. They have also helped to create a more inclusive environment for female athletes, where they can compete on a level playing field.

## **The Challenges That Remain**

Despite the progress that has been made in women's sports, there are still many challenges that remain. Female athletes still face discrimination and sexism, both on and off the field. They are also often underpaid and underrepresented in the media.

These challenges are a reminder that the fight for equality in sports is not over. But the 21 female athletes featured in *21 Female Athletes Who Changed Sports* are a source of inspiration for all of us who are working to create a more just and equitable world for female athletes.

*21 Female Athletes Who Changed Sports* is a must-read for anyone interested in the history of women's sports. It is a celebration of the remarkable achievements of these trailblazing athletes, and a reminder of the challenges that still remain.

These 21 athletes have changed the face of sports for women, and they continue to inspire us all to reach for our dreams.



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